

Personal Soccer Training or Small Group Skills Training in July!

Jared, at The Zone Fitness and Training, would love to help your soccer players develop and fine tune their skills and athleticism. Jared is a member of the National Soccer Coaches Association of America with a Certified Level 5 Soccer Coach Certification.

Any level player is welcome to take lessons or receive coaching!

Jared is only with us through the end of July, so don't let this awesome opportunity pass you by! Gather your friends or train individually.

Personal/Group soccer training packages can be purchased through clients.mindbodyonline.com or contact The Zone today!

****General availability times are Monday, Tuesday and Friday afternoons, & Wednesday and Thursday mornings and afternoons.**

Private training sessions:

45 minute sessions: \$25

1 hour sessions: \$30

Small Group Training (3-5 people):

45 minute sessions: \$13/person

1 hour sessions: \$15/person

Small Group Training (6-10 people):

45 minute sessions: \$10/person

1 hour sessions: \$12/person



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